

My Sabbatical Practice Regimen – Week 1

Objectives

1. To develop the discipline of prolonged, self-study to maximize the results to my playing & teaching and prepare me for future sabbaticals.
2. To expose me to as many of the teaching materials I have, so that I can be aware of these resources for future practices & sabbaticals, and to glean ideas from these for my teaching. I won't be super proficient at any one thing, but will have exposure to as many resources as I can. This time around I'll be relying on spill-over for a combined effect. This will also help keep the prolonged study interesting.
3. To raise my playing & teaching confidence levels, so as to expand my success potential in both. This is the most economical way to get the most intensive study in. In the future, I may be able to afford outside workshops and/or summer programs at Schools of Music, but I need to have my level of commitment & discipline at a higher level for that.
4. I can expand on this Curriculum approach for my own study and may be able to capitalize on this by offering such guided studies with my better students.
5. It will help me organize my materials for designing my own drum books. By making copies of the material as I study and making my notes directly on these, I'm half-way to creating my own books. These notes will help immediately in my teaching of the material.

Schedule

1. Set time to help create the habit and eliminate distractions: 4 hrs: 8-12pm, lunch @ 12-1pm, 4 hrs 1-5pm, dinner @ 5-6pm, then 2 hrs 6-8pm.
2. Answering machine will make it clear that I am not available until after 8pm. I will keep the phone & cellular turned off and computer - I want no distractions during my study period.
3. I can see my friends at lunch or dinner or after 8pm.
4. After 8pm, I can answer e-mail, phone calls, deal with future scheduling, and get out to see AS MUCH MUSIC WITH MY FRIENDS AS I CAN, and also jamm with Tom, Mike, Daniel, or whoever.

Strategy

1. Break the study into 1/2 hour blocks to prevent over-stressing the limbs & to keep the mind sharp.
2. During the switch, drink water to prevent dehydration and accompanying fatigue. Also, stretch & exercise the back, legs, and arms to keep the blood flowing & prevent injury, numbing, and fatigue.
3. Rotate through the Curriculum below so that none of the limbs are being fatigued: work on hands, then feet, then combinations.

Curriculum

Rudimental Studies

Hands only and also applied to toms/snare/cymbal combinations, but add bass + H.H. systems to keep the rudiments in good time & applicable to the set.

- International Drum Rudiments, Wanamaker & Carson:
- Fundamental Principles of Drumming, Joe Maroni: pp 1-79
- Rudimental Cookbook, Edward Freytag: pp.8-25
- The Drummer's Complete Vocabulary, John Ramsay: pp.1-10 lessons 1-27, pp.11-23 Rudimental Ritual; pp.45-47 Singles, Doubles, Paradiddles for speed.
- Learn to Play the Drum Set Book 2, Peter Magadini: pp.36-37 flams.
- Advanced Method for Drums, Harvey Whistler: pp.3-9 26 from NARD.
- Teach Yourself Rock Drums, Mike Finkelstein: pp.17-20
- The Performing Percussionist Book 2, James Coffin: pp.1-7,10,16-26,33-40
- Drum Method, Craig Lauritsen: pp.36-39

Stick Control

- Contemporary Drum Set Techniques, Rick Latham: pp 7-9 for 1/16's, pp.11-12 for triplets.
- Funky Primer, Charles Dowd: p.9.
- Learn to Play the Drum Set, Peter Magadini (book 2): pp.3,4, 14-19.
- Accents and Rebounds for the Snare Drummer, George Lawrence Stone
- RealFeel Practice Manual, HQ Percussion Products.
- Stick Control for the Snare Drummer, George Lawrence Stone: pp.1-10, 30-33 sticking; pp.11-15, 25-29, 38-46 sticking + rolls; pp.17-23, 34-37 sticking + flams
- Drum Method, Craig Lauritsen: pp.41-46
- Rock, Jazz & Funk Drumming, Jim Latta: pp.7-24;pp.25-32 triplets; pp.33-48 paradiddles.
- How to Develop Lightning Speed, Tony Parziale.

Snare Drum Independence

- Funky Primer, Charles Dowd: pp.17-21 rock 1/8s.

Bass Drum Independence

- New Breed 1 & 2, Gary Chester: play on bass with these L.F. systems: 2 & 4, 1/4's, 1/8's, and the "ands," and R.H. systems: 1/4's, 1/8's, and 1/16's, then try some other of his systems.
- Funky Primer, Charles Dowd: pp.13-16, R.H.1/8's, L.H.2&4 rock;
- Learning to Play the Drum Set Book 2, Peter Magadini: pp.10-11.

Bass/Snare Coordination –

Once I get the fill down at various tempos, then practice doing it as a break off a beat.

- My triplet & 1/16's combinations
- Contemporary Drumset Technique, Rick Latham: pp. 9-11 for 1/16's, 12-14 for 1/8 triplets, 14-15 for 1/16 triplets.
- Stick Control, George Lawrence Stone: play with R.H.=R.F., R.H.=1/4, 1/8, 1/16'th notes, L.F.= 2&4, 1/4's, 1/8's, "+"s.
- Drum Wisdom, Bob Moses: pp.36-42 for the non-independent method.
- Funky Primer, Charles Dowd: pp.23-43 rock 1/8s R.H., pp.44-45 1+a R.H.
- Learn to Play the Drum Set Book 2, Peter Magadini: pp.20-21, pp.22-23 adding jazz ride.
- The Drummer's Cookbook, John Pickering
- Rock, Jazz & Funk Drumming, Jim Latta: pp.49-60 rock; pp.61-71.

Tom-tom/Bass/Snare Coordination

- Contemporary Drumset Technique, Rick Latham: pp 16-18 for 1/8 triplets & 1/16 notes
- Multi-pitch Rhythm Studies for Drums, Ron Delp.

Total Set Coordination

- Contemporary Drumset Technique, Rick Latham: Using Voice Displacement & Substitution & Interpretations: pp.19-20,23-34 for 1/16 patterns, pp.21-22,35-39 for 1/8 triplet patterns; Hand doubles and Foot singles: 1/16's p.40, 1/8 triplets p.42, Hand doubles & Foot doubles: 1/16's p.41, 1/8 triplets p.43; mixed patterns and fills pp.57-59.
- Great Grooves for the Contemporary Drummer, James Morton.
- New Breed 1 & 2, Gary Chester: systems and applications.
- Drum Method, Craig Lauritsen: pp.47-65

Hi-hat Workouts

- Funk Drumming, Jim Payne: pp.12-15 adding open hi-hats to rock beats.
- Contemporary Drumset Techniques, Rick Latham: pp.44-47 for hi-hat foot substitutions, pp.54-55 for shuffle.
- Studio/Jazz Drum Cookbook, John Pickering: pp.72-82 jazz.
- Learn to Play the Drum Set Book 2, Peter Magadini: pp.12-13 open & 2-hand 1/8 & 1/16th patterns.
- Realistic Rock, Carmine Appice: pp.33-36 1/8th ride, pp.40-45 1/16th ride

Sight-reading Skills

- Progressive Steps to Syncopation for the Modern Drummer, Ted Reed.

- Rudimental Cookbook, Edward Freytag: pp.27-87 rudimental solos.
- Techniques in Percussion, Peter Magadini: pp.9-17 snare solos.
- Advanced Method for Drums, Harvey Whistler: pp.10-48 studies
2/4,3/4,4/4,3/8,6/8,9/8,12/8,solos
- Syncopated Rhythms for the Contemporary Drummer, Chuck Kerrigan
- Around the Drums with Syncopation, Jim Latta
- Rhythmic Patterns of Contemporary Music, Garwood Whaley & Joseph Mooney -
changing meters including rolls, ruffs, flams for snare & multi-toms.
- Modern Reading Text in 4/4, Louis Bellson - 1/4,1/8,1/16 syncopation, triplets, ties,
dotted notes for snare.
- Fundamental Principles of Drumming, Joe Maroni: pp.80-86
- New Breed 1, Gary Chester: pp.14-23,26-35.
- New Breed 2, Gary Chester & Chris Adams: pp.23-44 straight-time melodies, pp.56-61
swung-time melodies, pp.63-77 odd-time melodies.
- Funky Primer, Charles Dowd: pp.10-11.
- Band Method Book 1, Ed Sueta: up to 1/8th syncopation, intro to rudiments.
- Band Method Book 2, Ed Sueta: up to 1/16th syncopation, using rudiments.
- Modern Contest Solos for Snare Drum, John Pratt.
- The Performing Percussionist Book 1, James Coffin: pp.1-17,23-38,41-44,53-58
- Drum Method, Craig Lauritsen: pp.14-29
- World's Greatest Cadences, Crockarell,Brooks,DeLucia,Jebe,Whitlock,Freytag.

Polyrhythms

- Funk Drumming, Jim Payne: pp.135-137.
- Learn to Play the Drum Set Book 2, Peter Magadini: pp.42-43
- Realistic Rock, Carmine Appice: pp.48-49 1/8th ride
- Rock, Jazz & Funk Drumming, Jim Latta: pp.73-80

Double Bass

- Double Bass Vocabulary Vol.1, Jeff Salem
- Realistic Rock, Carmine Appice: pp.65-71.
- Double Bass Drumming, Joe Franco.

Fills

- Easy Beats & Breaks: focus on the breaks.
- The Logical Approach to Rock Drum Fills, Phil Perkins.
- Funk Drumming, Jim Payne: pp.16-17, rock fills.
- Learn to Play the Drum Set Book 2, Peter Magadini: pp.32-33.
- Fusion Drum Styles, James Morton: pp.68-70.
- Alfred's Beginning Drum Set Method, Sandy Feldstein & Dave Black: p.15-20, 24, 28,
29; 38-39,44-45 Jazz.

- Realistic Rock, Carmine Appice: pp.60-65.
- Famous Drum Solos and Fills Book 2, Ted Reed: pp.28-32.

Soloing

- The Drummer's Complete Vocabulary, John Ramsay: pp.48-69.
- Realistic Rock, Carmine Appice: pp.49-53 Rock 1/8th ride.
- Famous Drum Solos and Fills Book 2, Ted Reed: pp.1-27.
- Drum Method, Craig Lauritsen: pp.74-76
- Rock, Jazz & Funk Drumming, Jim Latta: pp.89-100.

Phrasing & Other concepts

- Drum Wisdom, Bob Moses: pp.1-36 for attitude, internal hearing, groove cannon, 8/8 concept, resolving on 8 points, combining points, movable two, playing off the 8/8, pp.43-47 for yin/yang triplets, organic drumming, movement & dancing, singing.
- Studio & Big Band Drumming, Steve Houghton: pp.13-23 Interpretation of charts.
- Drum Method, Craig Lauritsen: p.73 odd time.

Rock

- Studio & Big Band Drumming, Steve Houghton: p.9
- Easy Beats & Breaks, Frank Briggs: focus just on the beats.
- Funk Drumming, Jim Payne: pp.9-26 - beats, adding open hi-hats
- Learn to Play the Drum Set Book 2, Peter Magadini: p.5.; p.30 half-time rock
- The Rock & Roll Bible of Co-ordination for True Believers, Joel Rothman.
- Alfred's Beginning Drum Set Method, Sandy Feldstein & Dave Black: pp.10-14, 21-23, 25-27.
- Realistic Rock, Carmine Appice: pp.10-32 1/8th ride, pp.36-40,45-47 1/16th ride
- Drum Sessions Book 1, Peter O'Gorman: snare + easy rock play-along.
- The Performing Percussionist Book 2, James Coffin: pp.44-49.
- Rock Drumming, Andy Griffiths.

Disco

- Funk Drumming, Jim Payne: pp.27-38 1/8 & 1/16 note exercises & charts

Jazz

- Studio & Big Band Drumming, Steve Houghton: pp.7-8 swing & Jazz
- Learn to Play the Drum Set Book 2, Peter Magadini: p.6-9; p.31 Jazz ride in 1/8s.
- Progressive Independence, Ron Spagnardi
- Advanced Techniques for the Modern Drummer Vol.1, Jim Chapin

- Syncopation #2, Ted Reed
- The Art of Bop Drumming, John Riley
- Beyond Bop Drumming, John Riley
- Funk Drumming, Jim Payne: pp.101-102 application to the blues.
- The Drummer's Complete Vocabulary, John Ramsay: p.25-30 2 & 3-way coordination interpretations of Ted Reed; pp.31-43 4-way coordination interpretations of Ted Reed.
- Studio/Jazz Drum Cookbook, John Pickering: 2/3/4-way coordination, ride cymbal variations, hi-hat variations.
- New Directions in Rhythm, Joe Morello: $\frac{3}{4}$ & $\frac{5}{4}$ jazz.
- Alfred's Beginning Drum Set Method, Sandy Feldstein & Dave Black: pp.32-36, 42-43.
- Teach Yourself Rock Drums, Mike Finkelstein: pp.61-70.
- Drum Method, Craig Lauritsen: p.67

Blues

- Funk Drumming, Jim Payne pp.103-105
- Teach Yourself Rock Drums, Mike Finkelstein: p.22-24

Afro-cuban, Brazilian, Carriibbean, Latin

- Practical Applications Using Afro-Caribbean Rhythms, Chuck Silverman
- Afro-Cuban Rhythms for Drumset, Frank Malabe & Bob Weiner
- Funk Drumming, Jim Payne: pp 52-63 Latin Rock, pp.111-116 Samba/Rock/Funk
- Learn to Play the Drum Set Book 2, Peter Magadini: pp.24-29.
- The Essence of Afro-Cuban Percussion & Drum Set, Ed Uribe
- West African Rhythms for Drum Set, Royal Hartigan
- Fusion Drum Styles, James Morton: p.61-64.
- Studio & Big Band Drumming, Steve Houghton: p.10
- Teach Yourself Rock Drums, Mike Finkelstein: p.35,46-48 60s;
- Brazilian Rhythms for Drumset, Duduka da Fonseca & Bob Weiner.
- Brazilian Percussion Manual, Daniel Sabanovich.
- Drum Method, Craig Lauritsen: pp.69-70

Country

- Studio & Big Band Drumming, Steve Houghton: p.11
- Teach Yourself Rock Drums, Mike Finkelstein: p.45 inc.folk

Reggae

- Art of Reggae Drumming, Desi Jones
- Funk Drumming, Jim Payne: pp.117-124
- Fusion Drum Styles, James Morton: p.60.
- Drum Method, Craig Lauritsen: p.71

Funk/Fusion

- Linear Time Playing, Gary Chaffee
- Advanced Funk Studies, Rick Latham
- Future Sounds, David Garibaldi: groove & permutation studies
- Funk Drumming, Jim Payne: pp.39-51 Funk-Rock, pp. 64-95 Funk styles, pp.125-134 phrasing, pp.138-144 advanced.
- Learn to Play the Drum Set Book 2, Peter Magadini: pp.34-35.
- Fusion Drum Styles, James Morton: pp.13-51; pp.53-58 various ride pattern, p.59 Funk, p.65 Fusion, p.66-67 odd time.
- Funktional Rock Vol.2, Tony Caselli
- Drum Method, Craig Lauritsen: p.72

Shuffle & Hip-Hop

- Funk Drumming, Jim Payne: pp.96-100, pp.106-110.
- Contemporary Drumset Techniques, Rick Latham: pp.48-53 for regular, half-time, and ghosting; p.56 for Hip-Hop.
- Realistic Rock, Carmine Appice: pp.54-60 Rock.
- Teach Yourself Rock Drums, Mike Finkelstein: pp.24-26 50's; 28-29 60s;
- Drum Method, Craig Lauritsen: p.66,68

Different Styles & Signature Grooves

- Different Drummers, Billy Mintz
- Fusion Drum Styles, James Morton: p.71-84.
- Inside Buddy Rich, Jim Nesbitt: Jazz
- Teach Yourself Rock Drums, Mike Finkelstein: p.21 50s; p.27,30-34,37-44 60s;pp.49-60 70s
- Rock, Jazz & Funk Drumming, Jim Latta: pp.81-88.
- Great Rock Drummers of the Sixties, Bob Cianci.

Playing Charts

- Drums 2 Songbook
- Learn to Play the Drum Set Book 2, Peter Magadini: pp.44-45 charts.
- Funk Drumming, Jim Payne: pp.18-26 Rock Charts
- Alfred's Beginning Drum Set Method, Sandy Feldstein & Dave Black: pp.18-19 Blues, pp.30-31 Rock Ballad, pp.40-42 Jazz.
- Studio & Big Band Drumming, Steve Houghton: pp.2-5 chart terms; pp.24-34 common figures; pp.35-63 charts.
- Teach Yourself Rock Drums, Mike Finkelstein: pp.71-73 rock.

Percussion

- Authentic Bongo Rhythms, Bob Evans
- Timbale Solo Transcriptions, Victor Rendon
- Rhythms and Techniques for Latin Timbales, Victor Rendon
- Advanced Method for Drums, Harvey Whistler: p.34-48
triangle, bass, cymbals, snare, tambourine, castanets, wind effects, rain effects
- Understanding Latin Rhythms, Martin Cohen: congas, bongos, guiro, maracas, vibra-slap, timbales, shekere
- Conga Drumming, Alan Dworsky & Betsy Sansby.
- The Performing Percussionist Book 1, James Coffin: pp.19-22, 39-40
- The Performing Percussionist Book 2, James Coffin: pp.8-9 multiple; pp.27-29
tambourine & wood block; p.41, 50-53
- Techniques in Percussion, Peter Magadini: pp.18-23 tom-tom solos; pp.33-41 Tympani.

Mallets

- Fundamental Studies for Mallets, Garwood Whaley.
- Mallet Student Level 2, Feldstein.
- Modern Mallet Method Vol.1, Phil Kraus.
- Modern Mallet Method Vol.2, Phil Kraus.
- The Performing Percussionist Book 1, James Coffin: pp.45-51
- The Performing Percussionist Book 2, James Coffin: pp.11-15, 30-32, 42-43
- Techniques in Percussion, Peter Magadini: pp.24-32.

Music Education

- The Drummer's Studio Survival Guide, Mark Huntly Parsons
- The Working Drummer, Rick Van Horn