

My Drum Lesson and Practice Log

Goal: Practice habit of 2 hrs/day for a min. of 5 days/wk within 2 months (11/17/13). Write in date/time:

Week 1: Day 1 _____ Day 2 _____ Day 3 _____ Day 4 _____ Day 5 _____ Optional Days: _____

Week 2: Day 1 _____ Day 2 _____ Day 3 _____ Day 4 _____ Day 5 _____ Optional Days: _____

Main objectives for Pete Swan to fill in at each lesson as to how he is moving toward these:

1. Motivate and inspire me toward by goals and hold me accountable to this end.

2. Guide me so that I'm not using up time "reinventing the wheel" that could be better spent simply "modeling excellence."

3. Streamline the learning process to keep me from being discouraged and from "majoring in the minors."

Main objectives for Mike Burris to fill in at the end of every 2 weeks in preparation for the next lesson:

1. Have I made my primary focus simply enjoying the "sandbox" of learning drums, being thankful for the "talent" that my Heavenly Father has entrusted to me, and grateful that He has given me this opportunity to learn? Have I kept my eyes on His approving smile and "enjoyed the joy" He gives me through this? Have I "cast out" the negative voices that would try to convince me that this is not as valuable, important, or productive as something else? Have I said "No!" to trying to "legitimize" it? Have I trusted my Lord to be my Provider and give Him the responsibility for the "cares of this world" while I stay focused on the "real me" that is honoring Him with this? Have I trusted Him with the "outcome" or "results" and the "details around the corner" while staying focused on simply taking steps of faith? Have I, though forgiveness, "Let Go" of blaming others for "lost time," instead making the best use of my time now, and "Let God" take the responsibility of "making good out of evil" and "restoring what was stolen" – even "abundantly beyond what I can ask or imagine?" Have I just enjoyed playing for the Lord in worship to Him?

2. Have I kept as a secondary focus the logical storing of what I have learned onto my "Best of the Best" sheets and filed them for quick access to maximize my own warm-ups, drills, systematic study, and "boning-up" now and in the future, but also for teaching and/or product development?

3. Have I incorporated my new learning into the "fleshing out" of "The CoreBeat System" and put anything together for the next time I meet with John Herzog? Remember to take this step-by-step, enjoy the process, and trust the Lord for the "outcome." It is for Him and He is the "Responsible One."

What has Pete Swan assigned in these areas, and how have I interacted with them?

1. Rhythmic reading interpreted and applied to the drumset grooves, fills, etc.

2. Rudiments interpreted, modified, and applied to drumset grooves, fills, etc.

3. Improve the Traditional and Matched grips:

4. Improve Single Bass Drum technique – heel up and heel down, and other methods for control and speed:

5. Learn to confidently Shuffle in all styles:

6. Funk and Rock groove SD/BD independence to, RH patterns, use of HH choke, opens, and fills from Rick Latham, Ron Spagnardi, Jim Payne, Dave Weckl, Steve Smith, James Morton, David Garibaldi, and others:

7. Swing groove SD/BD/HH independence, RH patterns, long/short interpretation, figures, and fills from Pickering, Dawson, Riley, Spagnardi, Buddy Rich, Ron Fink, Ted Reed, Dahlgren/Fine, and others:

8. Linear playing as applied to all groove styles and fills:

9. Essential Brush patterns from Cameron, Kirk, Thigpen, etc. for Jazz, Brazilian, and other styles:

10. Additional Styles to explore: Reggae, Caribbean, Brazilian, African, Cuban, Latin, other World music, Odd Time, and Mixed Time. At least feel competent with the essential grooves and fills.

11. List anything else worked on here:
